



EVOLVE TITE

USAGE PROTOCOL

RF Power Level

- For areas of thin fat, lower the RF power level.
- The smaller the zone, the lower the RF power level.

Cut-off Temperature

- The higher the temperature within the limits of tolerance will produce better results.
- A gradual heating is recommended

Treatment

- 3-6 treatments for 3–6 weeks
- 1 treatment/week or longer treatments once in 2 weeks
- Treat each zone 30-60 min
- Endpoint temperature 42°C



Post Treatment



INMODE

POST TREATMENT CONSIDERATIONS

- Immediate Skin Response lasting a few hours:
 - Transient erythema
 - Edema
- Recommendations:
 - Skin **cooling** is **not** recommended
 - **Moisturize** treatment area
 - Sun-screen is advisable when outdoors during daylight hours.





EVOLVE TITE – BEFORE & AFTER



2 Treatments

1 Week Apart, 35 minutes

40 Energy Level, Cutoff Temperature 43° C



3 Treatments

1 Week Apart, 35 minutes

40 Energy Level, Cutoff Temperature 43° C



EVOLVETONE

EVOLVE TONE DELIVERS **ELECTRICAL MUSCLE STIMULATION** WHICH INDUCES **MUSCLE CONTRACTIONS** TO PROVIDE PATIENTS WITH THE ULTIMATE IN **CUSTOMIZABLE MUSCLE TONING TREATMENTS.**



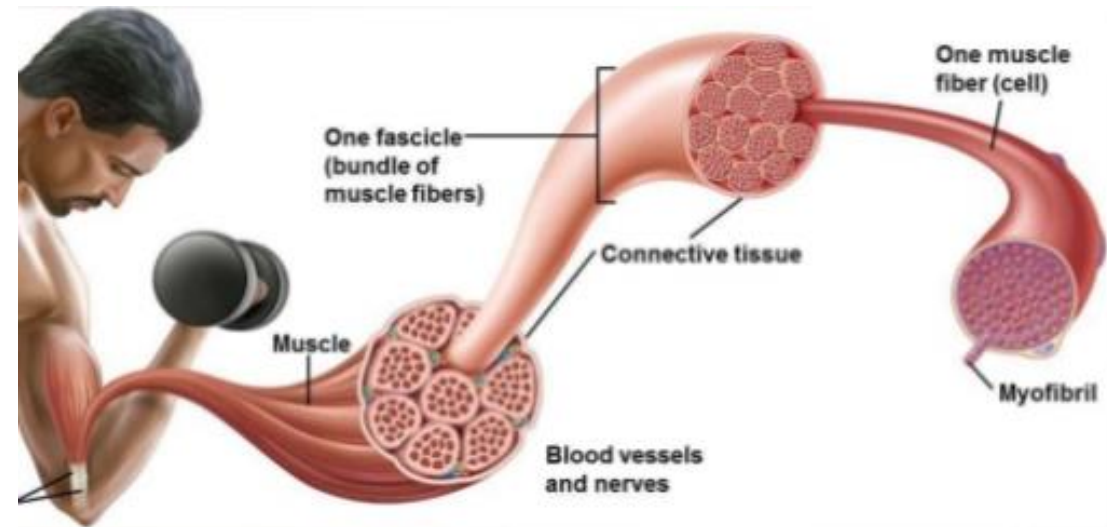
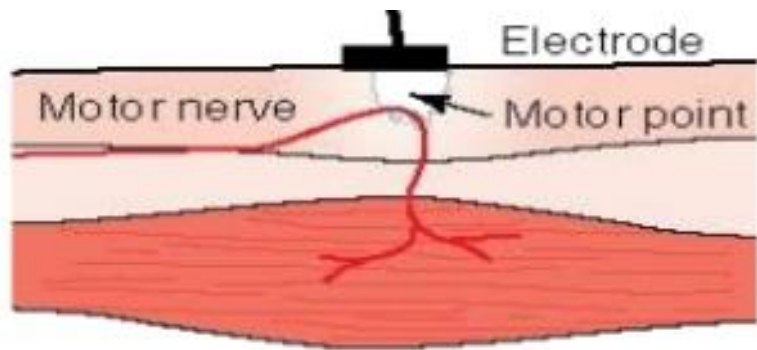
EVOLVETONE

- Evolve Tone is a **non-invasive muscle toning technology** that works by emitting electrical impulse to stimulate involuntary muscle contractions.
- Patients rest comfortably while Tone targets specific muscle groups to **increases muscle strength** and refine the look of muscles, without downtime.
- Tone's **4 hands-free applicators** allow for **multiple body areas to be treated simultaneously**, so your practice can deliver customized patient treatments.



ELECTRICAL STIMULATION

- Mimics the body nervous system by sending safe, low frequency electrical pulses to the affected area, causing the muscle to contract and increasing blood circulation.



- In normal muscular activity, the central and peripheral nervous systems transmit electrical signals to the muscles, making them contract. EMS (Electrical muscle stimulation) uses an external source (the stimulator, via wires and electrodes) to achieve the same effect, creating involuntary muscle contractions. This can help improve and maintain muscle tone without actual physical activity

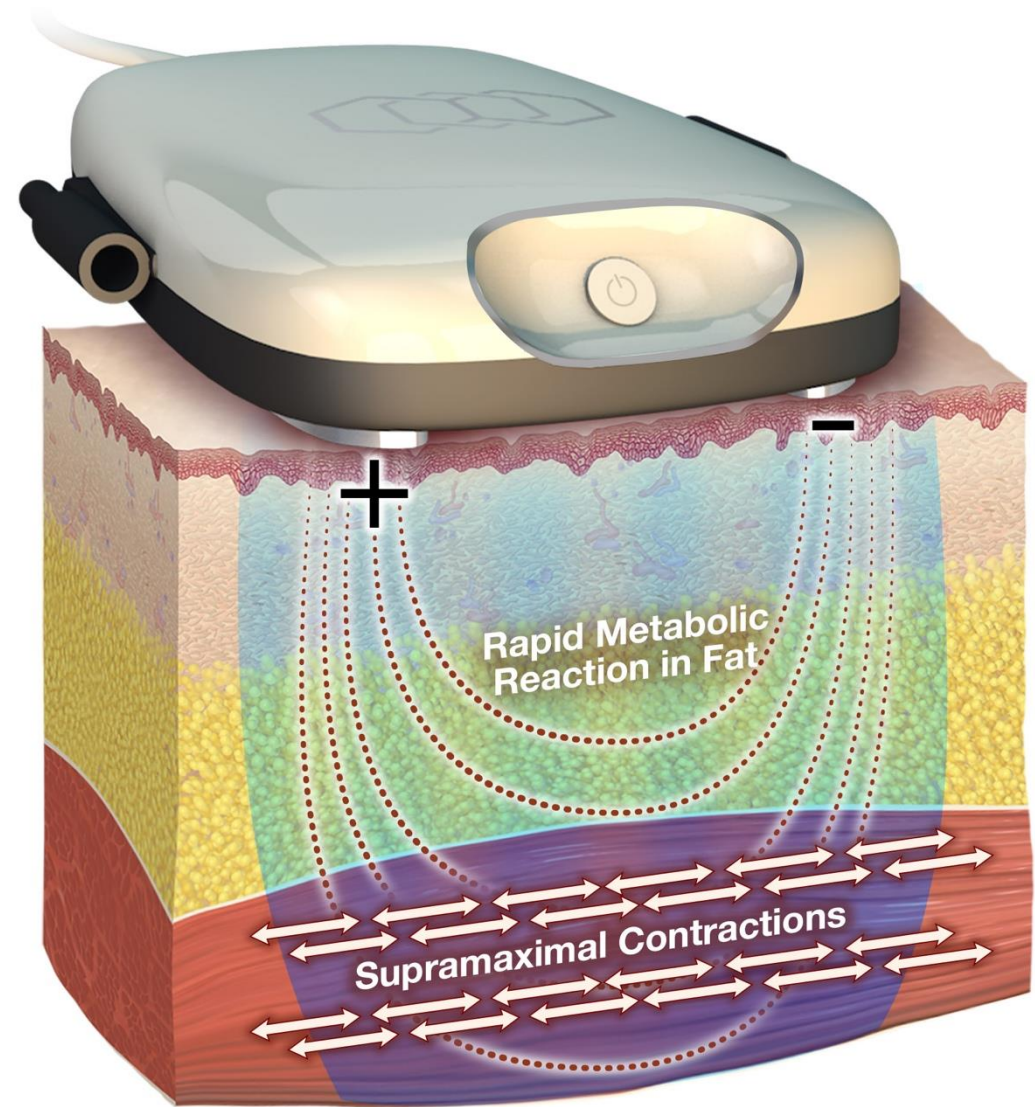
HISTORY

For over 2 centuries, scientists have experimented with electricity in relation to human anatomy. According to the National High Magnetic Field Laboratory, Luigi Galvani was one of the first physicians and physicists to suggest that electric currents have an effect on muscle tissue and response.



TONE EMS

- Many of the world's top athletes still use electrical muscle stimulation to enhance their training.
- EMS can accelerate fitness performance, build muscle strength and strength endurance
- EMS device is clinically proven, FDA cleared and safe for weekly use.



Pre Treatment



INMODE

PRE-TREATMENT CONSIDERATIONS

- Discontinue any irritant topical agents for 2-3 days prior to treatment
- Avoid treating irritated skin
- Ensure that patient has clean skin
 - No lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated
 - Shave treatment area if necessary (it is recommended to shave 24-48 hours before the treatment).
- Before each treatment clean the applicator with alcohol. Let the unit **dry completely** before starting the procedure.
 - Cleaning of the applicator should always be done while the system is set to **Standby** mode or turned off.
- **Test** the Patient Call Button prior to each session to ensure pausing of the treatment if needed.



PRE-TREATMENT CONSIDERATIONS

- Take before and after standardized photographs
- Good skin preparation important: always clean skin to remove dirt, oils, and dead skin
- Apply 2-4mm clear ultrasound gel (not oil) to the treatment area.



Treatment



INMODE

TONE APPLICATORS CAN BE USED ON THE FOLLOWING MUSCLE GROUPS:

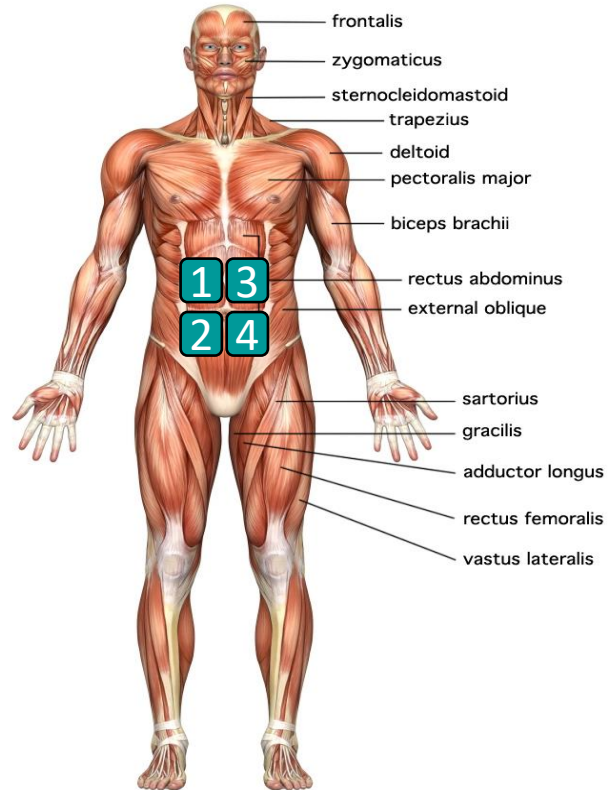
- Rectus Abdominis
- Obliques and Transversalis muscles
- Biceps
- Triceps
- Latissimus Dorsi (v shape for men)
- Quads anterior
- Calve muscles
- Buttocks-Gluteus maximus



INMODE

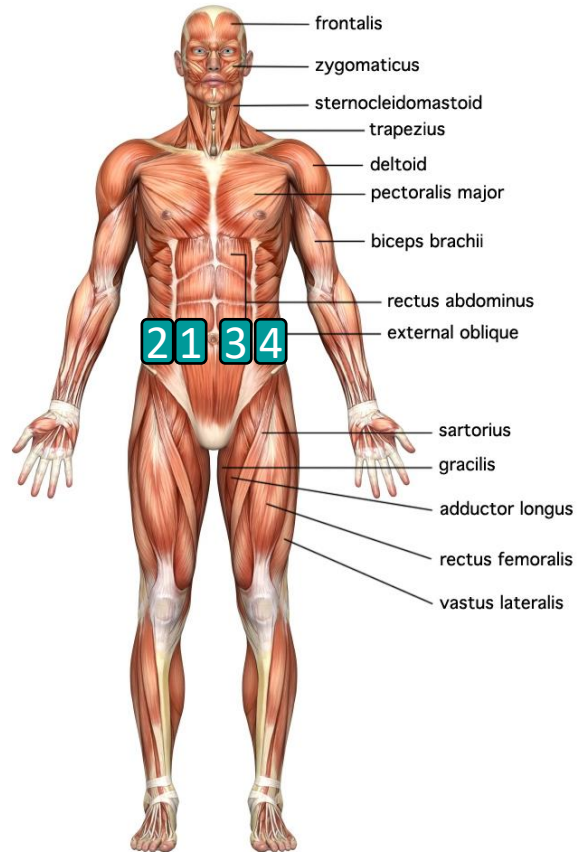
Front Abdomen / Rectus Abdominus (2 or 4 applicators depending on torso size)

STONE APPLICATOR PLACEMENT



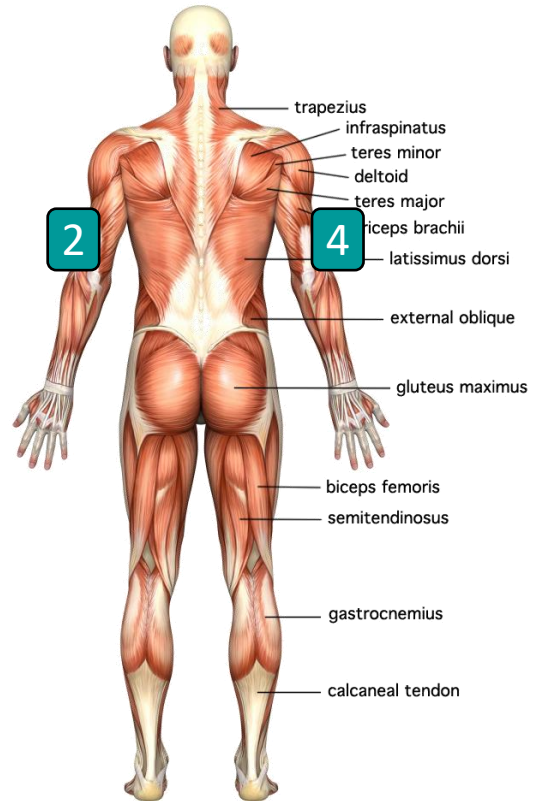
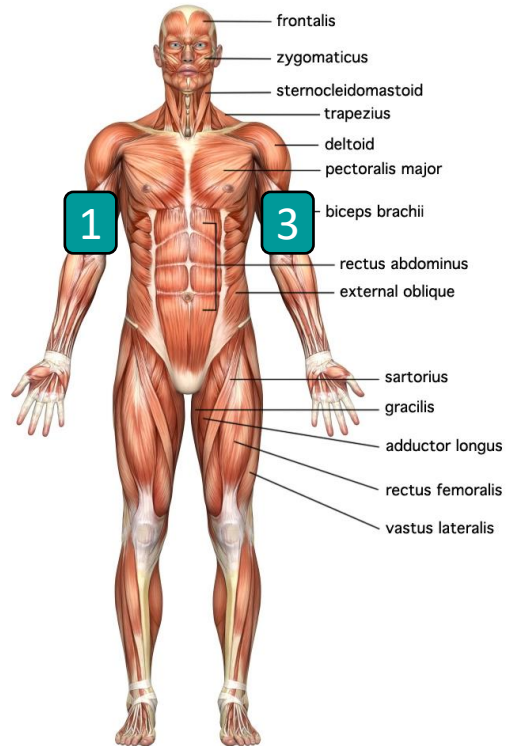
INMODE

TONE APPLICATOR PLACEMENT

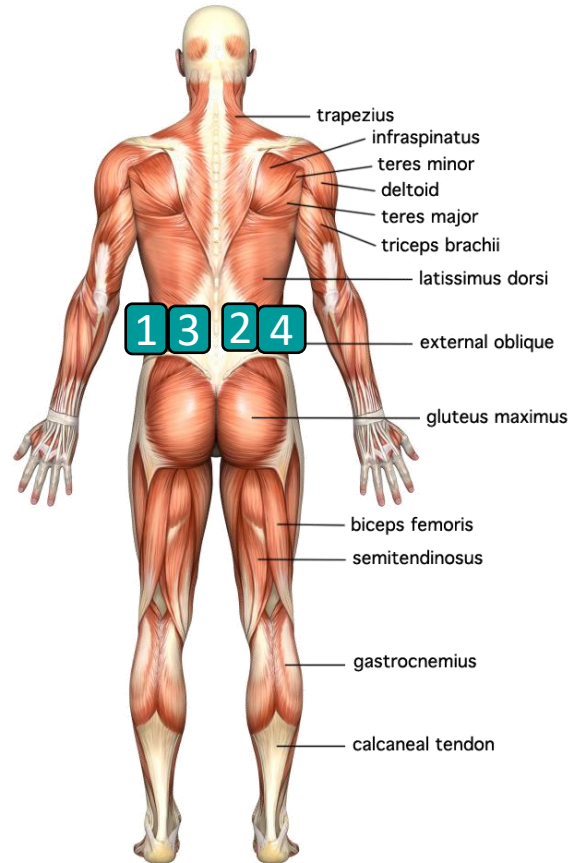


Arms / Biceps and Triceps (4 applicators)

TONE APPLICATOR PLACEMENT

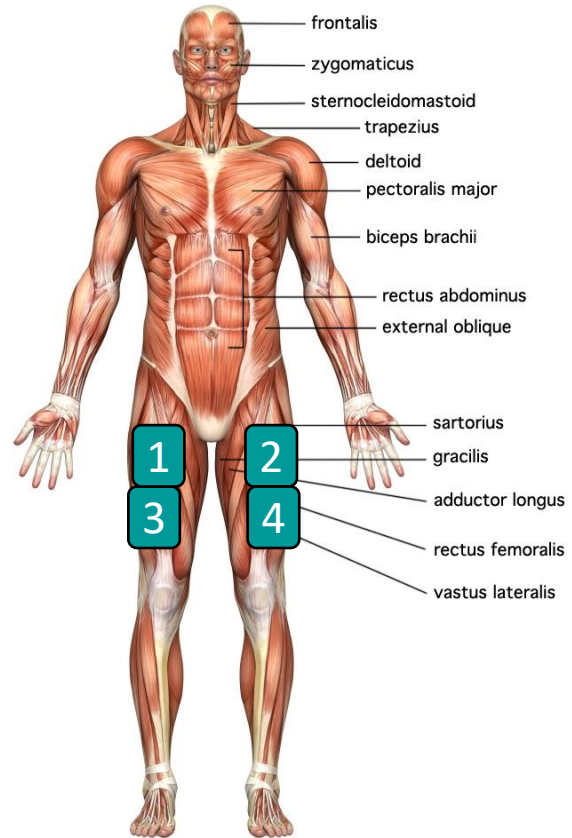


INMODE



Thighs / Rectus Femoris (4 applicators, 2 on each side)

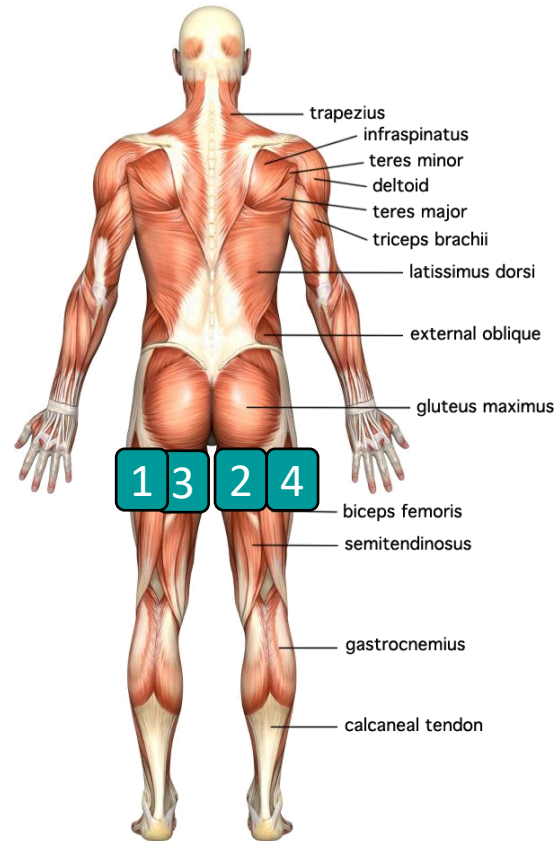
TONE APPLICATOR PLACEMENT



INMODE

Calves / Latissimus Dorsi (4 applicators, 2 on each side)

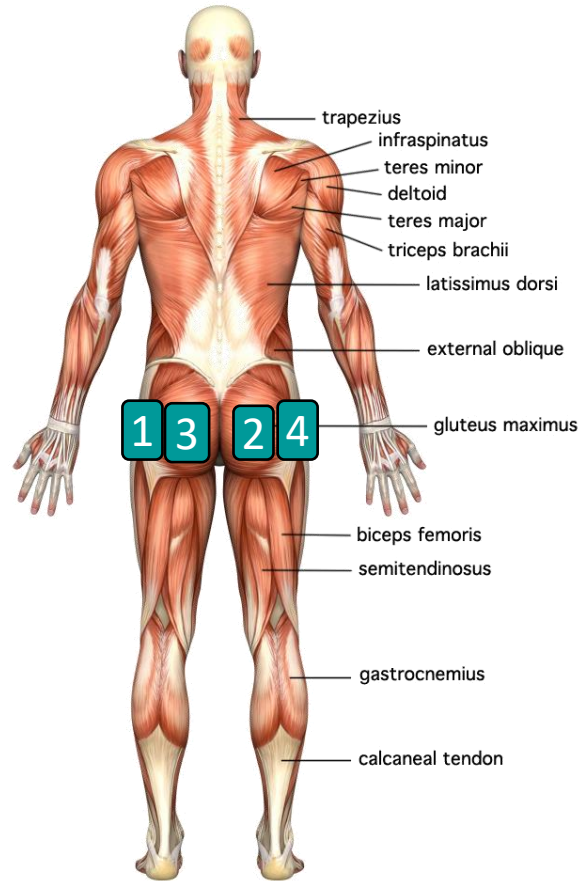
TONE APPLICATOR PLACEMENT



INMODE

Buttocks / Gluteus Maximus (4 applicators, 2 on each side)

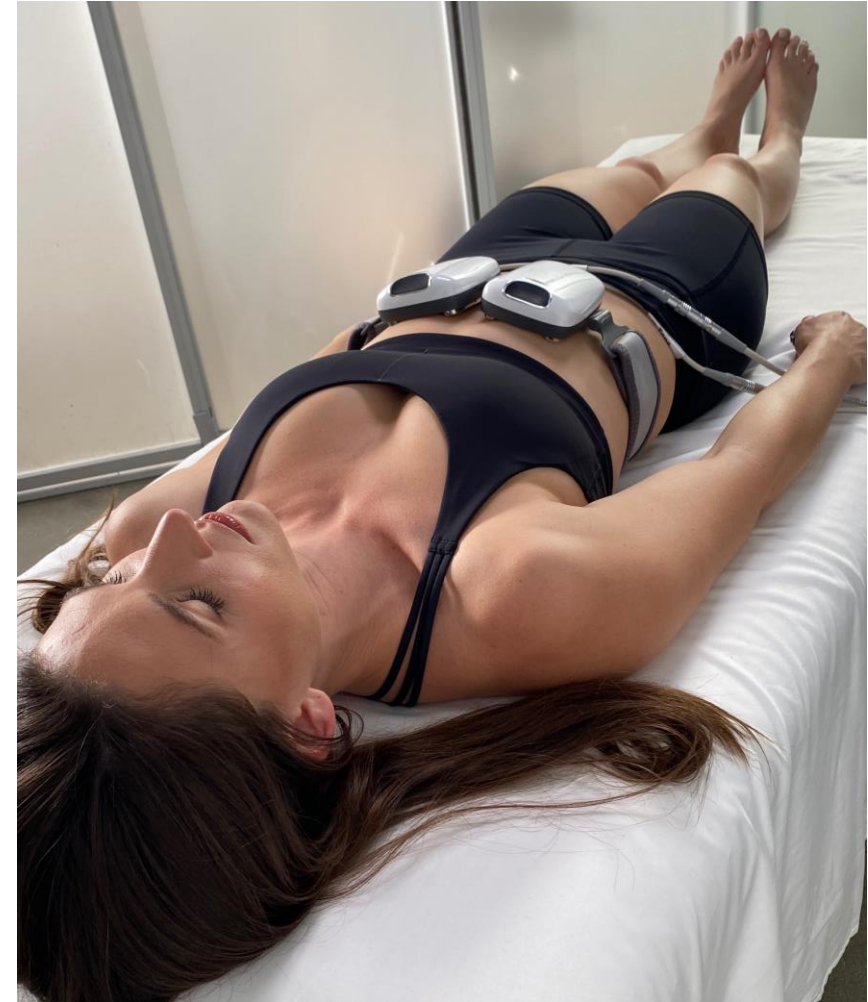
TONE APPLICATOR PLACEMENT



INMODE

TREATMENT TECHNIQUE

- Select appropriate belt size according to treatment area.
- Ensure patient is positioned comfortably on treatment table.
- Ensure that the units are firmly secured with the belt on the treatment area.
- **Important:** The belt should not be loose. Ensure that the belt is taut around the treatment area.
- Limit patient's movement to prevent applicators from shifting from the treatment area.



TREATMENT

- Intensity level settings are changed from 1 to 50 and can be adjusted separately per pair of applicators 1&4 and 2&3.
- The System starts up at minimal intensity level setting.
- If any concern disable suspicious unit by touching it on the screen. Treatment can be continued with one or more units disabled.

